



# Get **C.L.E.A.N.**<sup>®</sup> **CERTIFIED** **BY THE PEOPLE FOR THE PEOPLE**

Dr. SHIVA, MIT PhD

©2025 CleanFoodCertified.org

## People Want C.L.E.A.N.<sup>®</sup> Food. They'll Pay More For It. Get Certified. Learn How.

**Why Your Business Must Get C.L.E.A.N. Food Certified** The demand for clean, transparent, and trustworthy food has never been higher. The global wellness market is valued at \$1.3 trillion, and 80% of consumers now prioritize wellness in their purchasing decisions. If your business isn't adapting to this shift, you're leaving money and market share on the table.

**Consumers Are Demanding C.L.E.A.N. Food—Are You Ready?** 75% of consumers want clean products—they're actively looking for businesses that can deliver. All consumers want the choice of clean food—if you don't offer it, your competitors will. Consumers are willing to pay 35% to 85% more for clean-certified products—this is a premium market waiting for you to tap into. Healthy eating is a top priority for 50% of consumers across all age groups—from young professionals to retirees, everyone is looking for better options. 70% of consumers are not satisfied with current food options—there's a massive opportunity for brands that step up with authentic, clean food certification.

**C.L.E.A.N. Certified: The Global Standard in Food Transparency** Since 2013, C.L.E.A.N. Certification has set the bar for what food should be—pure, ethical, and scientifically validated. Developed by Dr. Shiva Ayyadurai, MIT PhD, this whole engineering

systems-based approach ensures that your products meet the highest standard of trust and quality.

With thousands of products certified worldwide across beverages, packaged goods, supplements, produce, meals, and snacks, C.L.E.A.N. Certification is recognized on every continent as the gold standard for clean food.

### What C.L.E.A.N. Certification Means for Your Business

- **Increased Sales** – Consumers are actively looking for C.L.E.A.N.-certified brands and will pay more for products they trust.
- **Stronger Brand Loyalty** – Certification builds trust and credibility, keeping customers coming back.
- **Competitive Edge** – Stand out from competitors who can't prove their food is clean.
- **Global Recognition** – Join the top food and wellness brands certified worldwide.

The future of food is C.L.E.A.N.—is your business ready?

**Get C.L.E.A.N. Certified today and secure your place in the booming wellness economy!**

[CleanFoodCertified.org](https://CleanFoodCertified.org)





# SYSTEMS HEALTH<sup>®</sup> EDUCATION

BY THE PEOPLE FOR THE PEOPLE

Dr. SHIVA, MIT PhD

©2025 SystemsHealth.com

Shatter The Swarm<sup>™</sup>

## The Ultimate Education for Personalized Health.

### 21st Century Curriculum Integrating East & West, Science & Tradition, Ancient & Modern

#### Why You Must Learn Systems Health<sup>®</sup>

##### The Missing Link Between East and West

Today's healthcare system leaves everyone confused—patients are frustrated, practitioners feel limited, and genuine solutions are rare. Consumers increasingly prioritize personalized wellness and are ready to invest significantly more in health solutions they trust.

Systems Health<sup>®</sup>, founded by Dr. Shiva Ayyadurai, MIT PhD, bridges the critical gap between traditional wisdom and modern science. It empowers you—whether you're a healthcare provider, wellness advocate, entrepreneur, or someone passionate about health—to make a meaningful impact.

##### Bridging Ancient Wisdom and Modern Science

Systems Health<sup>®</sup> integrates profound insights from Ayurveda, Siddha, and Traditional Chinese Medicine with cutting-edge systems biology and modern engineering principles. Understanding health as a dynamic, interconnected system allows you to deliver truly personalized wellness solutions.

##### Capitalize on the Personalized Wellness Revolution

Today, 88% of consumers prioritize personalized health and will pay 35%-85% more for trustworthy, tailored solutions.

#### With Systems Health<sup>®</sup>, you'll:

- Learn scientifically validated methods for preventative, personalized healthcare.
- Receive a 12-month mentorship to build or expand your health-focused practice or business.
- Gain certification and exclusive access to the Your Body, Your System<sup>®</sup> diagnostic platform.

#### Lead the Future of Health

Consumers urgently need authentic health guidance. Systems Health<sup>®</sup> equips you with the clarity, trust, and practical knowledge needed to transform confusion into real, lasting wellness solutions.

End the confusion, transform your community, and become a recognized leader in personalized health.

**Register for a free Introduction to Systems Health<sup>®</sup> Tutorial with Dr. SHIVA<sup>™</sup> and lead the personalized wellness revolution today.**

**SystemsHealth.com**



## **Systems Health®: The New Science of Personalized Wellness**

You know the old paradigm: fragmented healthcare, confusing nutrition advice, symptom chasing, and endless frustration. But Systems Health® isn't merely teaching you "another approach." It's revealing the underlying truth—that your body is a complex, interconnected system, not a collection of isolated parts.

Our unique methodology bridges modern systems biology with the timeless insights of Eastern medical traditions like Ayurveda, Siddha, and Traditional Chinese Medicine—creating an unprecedented framework to decode health from the inside out.

### **Your Body is a System—Learn How to Navigate It**

Think of your body as an intelligent ecosystem. Every symptom is a signal from this system, but modern healthcare silences these signals rather than understanding them. Systems Health® teaches you to decode these signals. You'll learn how to:

- Clearly recognize your unique biological patterns.
- Identify root causes rather than suppressing symptoms.
- Implement targeted nutritional, lifestyle, and holistic approaches validated by systems biology.
- This isn't guesswork. It's precise, practical knowledge for real, measurable health improvement.

### **Why Systems Thinking Beats Reductionism—Every Time**

Today's mainstream medicine and even alternative practices are stuck in reductionism—focusing narrowly on single nutrients, isolated organs, or individual symptoms. It's why so many patients remain frustrated, confused, and unwell.

Systems Health® dismantles this fragmented approach and teaches you how health genuinely functions—as an integrated, dynamic system. By seeing the bigger picture, you'll provide clients and patients with truly personalized, holistic solutions they can't get anywhere else.

### **Real Results Through Revolutionary Education**

Graduates of Systems Health® are:

- Transforming their practices with unparalleled clarity, confidence, and results.
- Creating new wellness ventures rooted in the powerful fusion of ancient wisdom and systems science.
- Leading their communities with validated, trustworthy health guidance.
- Successfully addressing chronic issues that conventional methods couldn't.

### **Systems Health®—More Than a Certification. A Movement.**

Our community is growing rapidly. Health practitioners, nurses, healers, coaches, and entrepreneurs are joining forces to disrupt outdated models and empower patients worldwide. Together, we're creating the new standard for personalized health—ethical, holistic, and proven.

This isn't just a certification. It's your opportunity to become a leader in the new era of health.

**Register for a free Introduction to Systems Health® Tutorial with Dr. SHIVA™ and lead the personalized wellness revolution today.**

**SystemsHealth.com**





# CytoSolve® REAL MEDICINE

BY THE PEOPLE FOR THE PEOPLE

Dr. SHIVA, MIT PhD

©2025 CytoSolve.com

Shatter The Swarm™

# Big Pharma is Failing You— Now It's Up to Us.

## Discovering New Medicines from Nature Without Killing Animals

### Breaking Free from Pharmaceutical Control

Today's healthcare system is costly, slow, and dominated by Big Pharma, resulting in high risks, poor outcomes, and millions of unnecessary animal deaths. People deserve better—effective, ethical, and transparent health solutions.

### Advanced Science, Inspired by Nature

CytoSolve®, created by Dr. Shiva Ayyadurai, MIT PhD, uses advanced computational systems biology to identify optimal combinations of natural compounds. This scientifically validated approach targets diseases at their molecular core, delivering effective therapies that address root causes, not just symptoms

### Ethical Medicine, Proven Results

By mapping diseases at their molecular level, CytoSolve® develops precise natural therapies that are safer, faster, and scientifically validated. This revolutionary approach reduces risks, costs, and unnecessary suffering—delivering tangible solutions available to all.

### Independent, Citizen-Funded Research

CytoSolve's research is independent, ethical, and transparent. Free from Big Pharma's influence, CytoSolve® invites everyday people to support, participate in, and benefit from revolutionary health discoveries, including profit-sharing opportunities.

### Join the Revolution in Real Medicine

Break free from Big Pharma's control and help deliver real, effective health solutions derived from nature. Contribute today to citizen-driven, ethical research and development.

**Take action now—support CytoSolve's independent research to deliver real health solutions to the world!**

**CytoSolve.com**





## **A Revolution in Science—Recognized by the Pinnacle of Authority**

CytoSolve® has accomplished what billion-dollar institutions, Big Pharma, and Big Academia have utterly failed to do—mapping the entire molecular architecture of ALS, one of the most complex neurodegenerative diseases. And we did it without government grants, tenure tracks, or corporate interests.

Our groundbreaking research was published in *Nature*, the world's most prestigious scientific journal—an honor most scientists chase their entire careers, achieved entirely outside the closed system.

This isn't just recognition—it's a seismic disruption to Big Pharma's hierarchy of control.

## **ALS Was Just the Beginning**

Using the same powerful systems-based technology, we decoded the molecular architecture behind osteoarthritis, pinpointing precisely how the cytokine IL-1 $\beta$  drives cartilage degeneration—and identifying specific natural compounds to address it.

We believe science should belong to everyone. That's why we've built open-access platforms where anyone—not just elites in lab coats—can explore molecular pathways, discover natural therapeutic combinations, and take informed action.

This is real citizen science, returning health knowledge and healing power directly to your hands.

## **Nature Can't Be Patented**

While Big Pharma frantically patents synthetic drugs with unknown side effects (such as synthetic mRNA therapies, now shown to integrate into human DNA), CytoSolve reveals the untapped genius of nature—something corporations can never own.

CytoSolve's combinatorial therapies—validated, safe, and effective—are rooted in the intelligence of nature itself. This is medicine as nature intended

## **Big Institutions Waste Billions. CytoSolve Needs Just \$1M.**

The old system wastes billions chasing reductionist theories with no meaningful results. With just a fraction of these resources, CytoSolve can rapidly deliver proven, nature-based therapies through computational systems biology.

This is a smarter, faster, and more ethical way forward—real solutions at a fraction of the cost.

## **Take Back Your Power from Big Pharma**

This isn't merely about "doing science differently." It's about reclaiming your fundamental right to health sovereignty. It's about giving real solutions directly to people, communities, and nations, free from the stranglehold of corporate and institutional interests.

Your support matters. Whether you can contribute one dollar or one million, you're fueling independent science that works for the people, not profits.

**Join us. Fund the next breakthrough.**

**CytoSolve.com**





# The Inventor of Email Has an Urgent Warning

**Beyond Left & Right**

**Dr.SHIVA, MIT PhD**

**TruthFreedomHealth.com**

**Shatter The Swarm™**

## Save the USPS —Or Lose Your Free Speech Forever!

### The Real Story They Won't Tell You

#### **USPS Was Built to Defend Your Freedom**

The United States Postal Service (USPS) wasn't just created to deliver mail—it was engineered by visionaries like Benjamin Franklin as the infrastructure for democracy. It was meant to be a decentralized system that empowered every citizen to communicate privately, securely, and freely—without interference from kings, corporations, or the surveillance state. Franklin understood a fundamental systems principle: communication is power. The USPS was the immune system of the Republic—a public commons, built to withstand censorship, manipulation, and tyranny.

#### **The Crisis is Engineered, Not Organic**

Let's be clear: the USPS is not failing—it is being deliberately destroyed. The Swarm of corporate lobbyists, corrupt politicians, and complicit media engineered laws and policies to strangle its finances, so they could claim it was obsolete and sell it off to the highest bidder. Privatizing USPS is not modernization—it's the seizure of the last public infrastructure that guarantees your right to communicate without Big Brother watching or Big Tech silencing you.

#### **The Solution Already Exists—But They Suppressed It**

In the 1990s, Dr. Shiva Ayyadurai—the Inventor of Email and MIT PhD—built a groundbreaking, encrypted, decentralized email system leveraging USPS infrastructure. It wasn't hypothetical—it was successfully deployed at the White House and Fortune 100 companies. But it was deliberately suppressed. Why? Because it threatened Big Tech's monopoly on communication and shattered their control.

Dr. Shiva's innovations proved we could have secure, encrypted email managed by a trusted civic institution—keeping your data safe and your speech free. They killed it because it worked too well, offering a genuine threat to corporate-state censorship.



**Watch Video to  
Learn More**



**NATIONAL DAY OF  
DEMONSTRATION TO  
SAVE USPS (SEE BACK)**

# Why WE Must Save the USPS

## Control Communication, Control the People

The erosion of the USPS and the rise of corporate-controlled digital platforms are not disconnected events—they are synchronized moves in a larger system of control. Google, Facebook, and Twitter/X are not public utilities; they are private monopolies that monetize, censor, and surveil you 24/7. Without USPS, your digital rights vanish. Free speech becomes meaningless if you're being watched, manipulated, or silenced. If you can't communicate privately, you can't organize. And if you can't organize, you can't fight back. That's the real game.

## Empowering Small Businesses and Entrepreneurs

USPS can serve as an economic launchpad for small and medium-sized enterprises. With affordable digital tools—CRM systems, secure invoicing, inventory management, and integrated shipping—local businesses can bypass expensive monopolistic platforms. This isn't charity; it's empowerment. USPS branches could transform into small business hubs, supporting local economies rather than corporate giants.

## Local and National Civic Engagement

Imagine secure digital portals for town halls, petitions, and community coordination. USPS could provide these essential democratic tools, protected from censorship or algorithmic distortion. By fostering civic engagement through verified identities and encrypted communications, the USPS can restore democracy from the ground up.

**NATIONAL DAY OF DEMONSTRATION — JULY 26, 2025**

**On the 250th anniversary of the USPS,  
join the Truth Freedom Health® movement at your local post office  
to defend free speech and public infrastructure.**

**Location:** [\_\_\_\_\_]

**(Fill in your local USPS branch)**

## Mesh Networking: Resilient Digital Infrastructure

By deploying decentralized mesh networks on USPS buildings and vehicles, communities gain resilient, peer-to-peer digital communication—free from centralized internet providers and surveillance. This innovation is critical, especially in rural or disaster-prone areas, ensuring uninterrupted communication for every American.

## Build a New Social Media—Where Your Rights Are Constitutionally Protected.

Imagine a decentralized, encrypted social network run by citizens—not Silicon Valley. A platform where your privacy is protected, your speech uncensored, and your data never exploited. Built on USPS infrastructure. Protected by your constitutional rights. Designed using systems science principles.

## Now is the Time to Act

Lose the USPS, and you lose the last line of defense for your voice—stand up now or be silenced forever.

**OUR USPS.**

**OUR SMALL BUSINESSES.**

**OUR FREEDOM OF SPEECH.**

**OUR PRIVACY.**

**IT'S TIME WE TAKE THEM ALL BACK.**



**Watch Video to  
Learn More**





# SYSTEMS HEALTH® KOULUTUS

TAVALLISILTA IHMISILTÄ TAVALLISILLE IHMISILLE

Dr.SHIVA, MIT PhD

©2025 SystemsHealth.com

Shatter The Swarm™

## Ylivertainen koulutus henkilökohtaiseen terveyteen.

**2000-luvun opetussuunnitelma, joka yhdistää idän & lännen, tieteen & perinteen, muinaisen & modernin**

**Miksi sinun on opittava Systems Health®**

**Puuttuva linkki idän ja lännen välillä**

Nykypäivän terveydenhuoltojärjestelmä hämmentää kaikkia - potilaat ovat turhautuneita, lääkärit tuntevat olonsa rajoitetuiksi, ja aidot ratkaisut ovat harvinaisia. Kuluttajat painottavat yhä enemmän henkilökohtaista hyvinvointia ja ovat valmiita sijoittamaan huomattavasti enemmän terveystarkkaisuun, joihin he luottavat.

Systems Health®, jonka perusti Dr. Shiva Ayyadurai, MIT PhD, yhdistää ratkaisevan kuulun perinteisen viisauden ja modernin tieteen välillä. Se mahdollistaa sinulle merkittävän tilaisuuden vaikuttaa - olitpa terveydenhuollon palveluntarjoaja, hyvinvoinnin puolestapuhuja, yrittäjä tai joku, joka suhtautuu terveyteen intohimoisesti.

**Muinaisen viisauden ja modernin tieteen yhdistäminen**

Systems Health® yhdistää syvällisiä oivalluksia ayurvedasta, siddhasta ja perinteisestä kiinalaisesta lääketieteestä huippuluokan järjestelmäbiologiaan ja nykyaikaisiin teknisiin periaatteisiin. Kun ymmärrät terveyden dynaamisena, yhteenliittyneenä järjestelmänä, voit tarjota todella yksilöllisiä hyvinvointiratkaisuja.

**Hyödynnä yksilöllinen hyvinvointivallankumous**

Näinä päivinä 88% kuluttajista asettaa henkilökohtaisen terveyden etusijalle ja maksaa 35 - 85% enemmän luotettavista, räätälöidyistä ratkaisuista.

**Systems Health®:n avulla:**

- Opit tieteellisesti validoituja menetelmiä ennaltaehkäisevään, yksilölliseen terveydenhoitoon.
- Saat 12 kuukauden mentoroinnin rakentaaksesi tai laajentaaksesi terveyteen keskittyvää toimintaasi tai yritystäsi.
- Saat sertifikaatin ja yksinomaisen pääsyn Your Body, Your System® - diagnostiikka-alustaan.

**Johda terveyden tulevaisuutta**

Kuluttajat tarvitsevat kiireesti todellista terveysohjausta. Systems Health® antaa sinulle selkeyttä, luottamusta ja käytännön tietoa, jota tarvitaan sekaannuksen muuttamiseksi todellisiksi, kestäviksi hyvinvointiratkaisuiksi. Lopeta hämmennys, muuta yhteisöäsi ja tule tunnustetuksi johtajaksi henkilökohtaisessa terveydessä.

**Rekisteröidy Dr. SHIVA™:n ilmaiselle Systems Health® oppitunnille, ja johda yksilöllistä hyvinvointivallankumousta lähitulevaisuudessa.**

**SystemsHealth.com**





## **Systems Health®: yksilöllisen hyvinvoinnin uusi tiede**

Tiedäthän vanhan ajattelutavan: pirstaloitunut terveydenhuolto, sekava ravitsemusneuvonta, oireiden jahtaaminen ja loputon turhautuminen. Mutta Systems Health® ei opeta sinulle vain "toista lähestymistapaa." Se paljastaa perimmäisen totuuden - että kehosi on monimutkainen, osien välinen järjestelmä, ei kokoelma erillisiä osia.

Ainutlaatuinen menetelmämme yhdistää modernin systeemibiologian itämaisten lääketieteellisten perinteiden, kuten ayurvedan, siddhan ja perinteisen kiinalaisen lääketieteen ajattomiin oivalluksiin - luoden ennennäkemättömän kehyksen terveyden koodien purkamiseen sisältäpäin.

### **Kehosi on järjestelmä – opi ohjaamaan sitä**

Ajattele kehoasi älykkäänä ekosysteeminä. Jokainen oire on signaali tästä järjestelmästä, mutta nykyaikainen terveydenhuolto hiljentää nämä signaalit sen sijaan, että ymmärtäisi niitä. Systems Health® opettaa sinua purkamaan nämä signaalit. Opi miten:

- Tunnistaa selvästi ainutlaatuiset biologiset kuviosi.
- Tunnistaa juurisyyt oireiden tukahduttamisen sijaan.
- Toteuttaa kohdennettuja ravitsemus-, elämäntapa- ja kokonaisvaltaisia lähestymistapoja, jotka on todistettu systeemibiologiassa.
- Tämä ei ole arvailua. Se on tarkkaa, käytännön tietoa todellisesta, mitattavasta terveyden parantumisesta.

### **Miksi systeemiajattelu voittaa reduktionismin - joka kerta**

Nykypäivän valtavirran lääketiede ja jopa vaihtoehtoiset käytännöt ovat juuttuneet reduktionismiin - keskittyen kapeasti yksittäisiin ravintoaineisiin, eristettyihin elimiin tai yksittäisiin oireisiin. Siksi niin monet potilaat ovat edelleen turhautuneita, hämmentyneitä ja huonovointisia.

Systems Health® poistaa tämän hajanaisen lähestymistavan ja opettaa sinulle, miten terveys oikeasti toimii - yhtenäisenä, dynaamisena järjestelmänä. Näkemällä kokonaiskuvan voit tarjota asiakkaille ja potilaille todella yksilöllisiä, kokonaisvaltaisia ratkaisuja, joita he eivät voi saada mistään muualta.

### **Todellisia tuloksia vallankumouksellisen koulutuksen kautta.**

Systems Health® koulutuksesta valmistuneet:

- Muuttavat käytäntöjään vertaansa vailla olevalla selkeydellä, luottamuksella ja tuloksilla.
- Luovat uusia hyvinvointihankkeita, jotka perustuvat vaikuttavaan muinaisen viisauden ja järjestelmätieteen yhdistämiseen.
- Johtavat yhteisöjään todistetuilla, luotettavilla terveysohjeilla.
- Käsittelevät onnistuneesti kroonisia ongelmia, johon perinteiset menetelmät eivät pysty.

### **Systems Health® - enemmän kuin vain todistus. Liike.**

Yhteisömme kasvaa nopeasti. Terveydenhuollon ammattilaiset, sairaanhoitajat, parantajat, valmentajat ja yrittäjät yhdistävät voimansa ravistellakseen vanhentuneita malleja ja voimaannuttaakseen potilaita maailmanlaajuisesti. Yhdessä luomme uutta standardia henkilökohtaiselle terveydelle - eettiselle, kokonaisvaltaiselle ja todistetulle.

Tämä ei ole pelkkä sertifikaatti. Se on tilaisuutesi tulla johtajaksi uuden terveyden aikakaudella.

**Rekisteröidy Dr. SHIVA™:n ilmaiselle Systems Health® -oppitunnille, ja johda yksilöllistä hyvinvointivallankumousta lähitulevaisuudessa.**

**SystemsHealth.com**





**C.L.E.A.N.<sup>®</sup> FOOD**

**A Bottoms Up Movement By the People For C.L.E.A.N. Food**





**C.L.E.A.N.<sup>®</sup> & R.A.W.<sup>®</sup> FOOD CERTIFICATION FORUM**

# **GoMacro<sup>®</sup> Case Study**

*DEFINING REAL FOOD BY THE PEOPLE, FOR THE PEOPLE*

**TUE, MAY 14. 11AM EST.**

**Dr.SHIVA, MIT PhD**





**C.L.E.A.N.<sup>®</sup> & R.A.W.<sup>®</sup> FOOD CERTIFICATION FORUM**

# **GoMacro<sup>®</sup> Case Study**

**ONLINE EVENT WITH Dr.SHIVA, MIT PHD**



**MAY 14, 2024  
11 AM EST**



**RSVP: [CLEANFOODCERTIFIED.ORG/FORUM](https://CLEANFOODCERTIFIED.ORG/FORUM)**



**JOURNEY TO C.L.E.A.N. & R.A.W. FOOD CERTIFICATION**

# **Gomacro Case Study**



**C.L.E.A.N. & R.A.W. FOOD CERTIFICATION FORUM**



**MAY 7, 2024  
11 AM EST**



**ONLINE EVENT WITH Dr.SHIVA, MIT PHD**

**RSVP: [CLEANFOODCERTIFIED.ORG/FORUM](https://CLEANFOODCERTIFIED.ORG/FORUM)**

